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RULES AND REGULATIONS

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OF THE

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BOSTON LUNATIC HOSPITAL.

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BOSTON:

1846.

JOHN H. EASTBURN, CITY PRINTER.

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## LAWS AND ORDINANCES

IN RELATION TO

### LUNATICS AND THE LUNATIC HOSPITAL.

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#### LUNATICS.

An Act to provide for the confinement of Idiots and Insane Persons.  
[1836, Ch. 223.]

*Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows :*

SECT. 1. There shall be within the precincts of the House of Correction in each County of this Commonwealth, a suitable and convenient apartment or receptacle for idiots and lunatic or insane persons not furiously mad, to be confined therein as hereinafter provided.

SECT. 2. When it shall be made to appear, on application made in writing to any two Justices of the Peace, one of whom shall be of the quorum, or any Police Court, that any person being within the jurisdiction of such Justices or Court, is an idiot or lunatic or insane, not being furiously mad as aforesaid, the said Justices or Court are hereby authorized to order the confinement of such person in the receptacle provided for that purpose, and such provision shall be made for the comfortable support of all persons confined by virtue of this act, and they shall be governed or employed in such manner as the County Commissioners of each County in the Commonwealth, and such officers as by law exercise the powers of County Commissioners, may, in the exercise of their discretion, judge best; and such sum per week shall be allowed and paid for the support of

every such person, confined as aforesaid, as the Mayor and Aldermen of the City of Boston, and the County Commissioners of each County, and such officers as by law exercise the powers of County Commissioners, shall direct; and if, in any case, there shall be no parent, kindred, master, guardian, Town or City obliged by law to maintain the person so confined, the sum allowed as aforesaid shall be paid out of the Treasury of the Commonwealth; *provided*, that in no case shall more than two dollars and fifty cents per week ever be paid from said Treasury.

SECT. 3. Any person confined by virtue of this act may at any time be discharged, when, in the opinion of any two Justices of the Peace, one of whom shall be of the quorum, or of any Police Court, having jurisdiction in the case, such discharge would be for the benefit of the person so confined, or when in their opinion, such person would be comfortably supported by any parent, kindred, friend, master or guardian, or by any Town or City in which such person may have a legal settlement.

SECT. 4. In any case, that may arise under this act, all magistrates and other officers and all witnesses shall receive the same fees and compensation for services performed, and for attendance and travel, as are allowed by law, for like services in criminal proceedings, to be taxed, allowed and paid in the same manner.

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An Act in addition to an Act to provide for the confinement of Idiots and Insane Persons. [1838, Ch. 73.]

*Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows:*

SECT. 1. Whenever application shall be made to two Justices of the Peace, one of whom shall be of the quorum, for the confinement of any idiot, lunatic, or insane person, not furiously mad, in pursuance of the provision of the second section of "an act to provide for the confinement of idiots and insane persons," passed on the thirteenth day of



April, in the year one thousand eight hundred and thirty-six, the Justices to whom such application is made, shall, upon the request of the person complained against, issue their warrant to the Sheriff or any Deputy of the Sheriff in their county, to summon a jury of six lawful men to hear and determine the question, whether the person complained against is an idiot, or lunatic, or insane, and not furiously mad as aforesaid.

SECT. 2. The provisions of the second, third, fourth, and fifth sections of "an act concerning lunatics," passed the nineteenth day of April, in the year one thousand eight hundred and thirty-seven, shall apply to trials by jury herein provided for; and the Justices aforesaid shall have all the powers, and perform all the duties devolved upon the Judges named in said act, by the second, third, fourth and fifth sections of the same.

SECT. 3. Any lunatic or insane person confined in any Jail, or House of Correction, by authority of a certificate of the Trustees of the State Lunatic Hospital, according to the provisions of the fifteenth section of the forty-eighth chapter of the Revised Statutes, may be discharged therefrom by the County Commissioners of the several counties respectively, whenever the cause of confinement shall have ceased to exist. And said Commissioners, whenever in their opinion, such lunatic or insane person can, in such manner be more comfortably provided for, and the safety of the public will not be endangered thereby, may provide for his custody and support in other places than in said Jails and Houses of Correction, or may deliver him to the custody and care of any City, or Town, in which he may have a legal settlement, the said lunatic or insane person, still continuing subject to the order and direction of said Commissioners. The expense of so providing for such lunatic or insane person shall be reimbursed in the same manner, and recovered by the same remedies, as are provided in the sixteenth section of the forty-eighth chapter of the Revised Statutes: *provided*, that in no case shall the sum charged for such provision exceed two dollars and fifty cents per week.

SECT. 4. This act shall take effect from and after its passage.

An Act to establish the Boston Lunatic Hospital. [1839, Ch. 131.]

*Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows:*

SECT. 1. The City Council of the City of Boston, are hereby authorized to erect and maintain a Hospital, for the reception of insane persons not furiously mad; and provision shall be made for the comfortable support of all persons confined therein.

SECT. 2. The said City Council shall appoint a Superintendent, who shall be a physician, and constantly reside at said Hospital.

SECT. 3. The said Council shall have power to pass such ordinances as they may deem expedient for conducting, in a proper manner, the business of the institution, and for appointing such other officers as, in their opinion, may be necessary.

SECT. 4. The Inspectors of Prisons, for the County of Suffolk shall be Inspectors of said Hospital, and shall perform the like duties in relation to it that they are now by law required to perform in relation to the prisons in said county.

SECT. 5. *Whenever it shall be made to appear, on application in writing to the Judge of the Municipal Court in the City of Boston, that any person is insane, not being furiously mad, the said Judge is hereby authorized to order the confinement of such person in the said Hospital; Provided, that, upon the request of such person, the question of his sanity shall be tried by a jury in said Court. Such sum per week shall be allowed and paid, for the support of every such person confined as aforesaid, as the Mayor and Aldermen of the City of Boston shall direct; and if, in any case, there shall be no parent, kindred, master, guardian, Town, or City, obliged by law to maintain the person so confined, and if he have no means of supporting himself, the same sum shall be paid out of the Treasury of the Commonwealth, for his support, as may be allowed for other lunatic or insane State paupers; and any person, committed as aforesaid, by said Judge, may at any time be discharged, when, in his opinion, such discharge would be for the bene-*



*fit of the person so confined, or when, in his opinion, such person would be comfortably supported by any parent, kindred, friends, master or guardian, or by any Town or City in which such person may have a legal settlement; and the said judge, jury, or other officers, and all witnesses, shall receive the same fees and compensation for services performed and for attendance and travel, as are allowed by law for like services in criminal proceedings, to be taxed, allowed and paid in the same manner. [Repealed, 1840, Ch. 79.]*

SECT. 6. All insane persons who are now confined in the House of Correction or the House of Industry in said City, or may hereafter be subject to confinement therein, and all lunatics, idiots, and other patients, who shall be removed from the State Lunatic Hospital at Worcester, to the City of Boston, by the Trustees thereof, by virtue of the fourteenth and fifteenth sections of the forty-eighth chapter of the Revised Statutes, shall be hereafter confined in the said Boston Lunatic Hospital.

SECT. 7. Any lunatic or insane person, who may be confined in said Hospital, upon his removal from the State Lunatic Hospital, as provided in the preceding section, may be discharged therefrom by the Mayor and Aldermen of said City, whenever the cause of confinement shall have ceased to exist; and said Mayor and Aldermen, whenever, in their opinion, such lunatic or insane person can in such manner be more comfortably provided for, and the safety of the public will not be endangered thereby, may provide for his custody and support in other places than in said Hospital, the said lunatic or insane person still continuing subject to the order and direction of the said Mayor and Aldermen, or said Mayor and Aldermen may deliver him to the custody and care of any City or Town in which he may have a legal settlement. The expense of so providing for such lunatic or insane person shall be reimbursed in the same manner, and recovered by the same remedies as are provided in the sixteenth section of the forty-eighth chapter of the Revised Statutes: *Provided*, that in no case shall the sum charged for such provision exceed two dollars and fifty cents per week.

SECT. 8. All laws inconsistent with this act are hereby repealed.

SECT. 9. This act shall take effect from and after its passage.

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An Act in addition to an Act concerning Lunatics. [1839, Ch. 149.]

*Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows :*

SECT. 1. Either of the Justices of the Supreme Judicial Court, or of the Court of Common Pleas, at any term held within and for the County of Worcester, or the Judge of Probate of said County, may, on application in writing for the discharge from said Hospital of any lunatic who shall have remained there a sufficient time to make it appear that he is incurable, cause such lunatic to be delivered to the agents of any town in which he may have his legal settlement, or to the friends of such lunatic, when in the opinion of either of said Justices, or of said Judge of Probate, it would not be to the injury of the person so confined, and when it shall be made to appear that such person would be comfortably and safely provided for, by any parent, kindred, friend, master, or guardian, or by any Town or City in which he may have a legal settlement. And whenever request for that purpose shall be made in writing, by any person interested in such discharge, to the Judge before whom the trial is to be held, he shall issue a warrant to the Sheriff, or any Deputy Sheriff in the County of Worcester, directing such Sheriff or Deputy to summon a jury of six lawful men to hear and determine the question whether such lunatic is incurable, and may be comfortably and safely provided for, according to the terms of this act. And the proceedings shall be the same in selecting the jurors, conducting the trial, and allowing the costs, as are provided in the two hundred and twenty-eighth chapter of the laws of the year one thousand eight hundred and thirty-seven.

SECT. 2. If at any time after the discharge of an incurable lunatic, as above provided, it shall be made to appear, on complaint of any person, under oath, to the Judge of Probate for the County in which such lunatic has his legal settlement, or shall be placed, that he is not comfortably supported, or that the public safety is endangered by him, it shall be the duty of said Judge to order his recommitment to said Hospital. And the same proceedings may be had in determining these questions, by a jury, upon the request of any person interested therein, made in writing to said Judge, as are provided in the preceding section.

SECT. 3. In case of the absence, sickness or death, of the Judge of Probate of any County in the Commonwealth, except the County of Suffolk, any Justice of the Supreme Judicial Court, or of the Court of Common Pleas, may commit to the State Lunatic Hospital, any lunatic furiously mad in such County, in the same manner and upon the same proceedings as are now provided by law for the commitment of lunatics to said Hospital by Judges of Probate.

An Act in addition to "An Act to establish the Boston Lunatic Hospital." [1840, Ch. 79.]

*Be it enacted by the Senate and House of Representatives, in General Court assembled, and by the authority of the same, as follows :*

SECT. 1. Whenever it shall be made to appear, on application in writing to the Police Court of the City of Boston, that any person is insane, not being furiously mad, and is either chargeable or likely to become chargeable to the City or the State, or being furiously mad, has his legal settlement in and is chargeable to said City, the said Police Court are hereby authorized to order the confinement of such person in the said Boston Lunatic Hospital, saving to the person complained against, the right to appeal from such order to the Municipal Court of the City of Boston, as is now allowed from other judgments of said Police Court by law. And upon his appeal, the question of his sanity shall, upon his request therefor, be tried by a jury in

said Court. If on such appeal it shall be made to appear that such person is insane as aforesaid, and is or is likely to be chargeable as aforesaid, the said Municipal Court shall affirm the judgment of the said Police Court, with additional costs, and issue a warrant for his commitment according to law; otherwise such person shall be discharged.

SECT. 2. Any person who shall apply for the commitment of any lunatic, under the provisions of the preceding section, shall first give notice in writing to the Mayor of the City of Boston, of his intention to make such application, and satisfactory evidence that such notice has been given shall be produced to the said Police Court, at the time of making such application. And the said Police Court may order any further notice of such application to be given to the person complained of, or to any other person or persons in his behalf, as they shall deem to be necessary or reasonable.

SECT. 3. Any person committed to said Hospital by either of the courts as aforesaid, and any person who may be confined in said Hospital, upon his removal from the State Lunatic Hospital, as provided in the sixth section of the act to which this is in addition, may at any time be discharged therefrom by the Mayor and Aldermen of the said City of Boston, whenever the cause of confinement shall have ceased to exist, or when in the opinion of the said Mayor and Aldermen such discharge would be for the benefit of the person so confined, or when in their opinion such person would be comfortably supported by any parent, kindred, friends, master or guardian, or by any Town or City in which such persons may have a legal settlement. And said Mayor and Aldermen, whenever in their opinion, such lunatic or insane person can in such manner be more comfortably provided for, and the safety of the public will not be endangered thereby, may provide for his custody and support in other places than in said Hospital, the said lunatic or insane person still continuing subject to the order and direction of the said Mayor and Aldermen; or, said Mayor and Aldermen may deliver him to the custody and care of any City or Town in which he may have a legal settlement. The expense of so providing for such lunatic



or insane person, shall be reimbursed in the same manner, and recovered by the same remedies, as are provided in the sixteenth section of the forty-eighth chapter of the Revised Statutes: *Provided*, that in no case shall the sum charged for such provision exceed two dollars and fifty cents per week.

SECT. 4. So much of the one hundred and thirty-first chapter of the Statutes of the year one thousand eight hundred and thirty-nine, as relates to the commitment of persons to the said Boston Lunatic Hospital, by the Judge of the Municipal Court of the City of Boston, and to their discharge therefrom by him, is hereby repealed; but all orders of the said Judge relating thereto, and rendered prior to the time this act shall take effect, shall remain in full force.

SECT. 5. This act shall take effect from and after its passage.

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**An Ordinance relating to the Boston Lunatic Hospital.**

*Be it ordained by the Mayor, Aldermen and Common Council of the City of Boston, in City Council assembled, as follows:*

SECT. 1. There shall be chosen annually, a Joint Standing Committee of the City Council, consisting of the Mayor and two members of the Board of Aldermen and four members of the Common Council, who shall be a Board of Visitors of the Boston Lunatic Hospital.

SECT. 2. There shall be annually chosen by concurrent vote of the City Council, in the month of September or October, a Superintendent; he shall hold his office until another is chosen in his place; he shall be removable at the pleasure of the City Council, and receive such salary as the said Council may fix and determine, and in case of a vacancy in said office, the said Council may at any time proceed forthwith to fill the same.

SECT. 3. The Superintendent, under the direction of the Board of Visitors, shall have the control of all depart-



ments of the Hospital, and of all subordinate officers, attendants and domestics, and of the patients,—and the charge of the grounds, buildings and appurtenances.

SECT. 4. The Board of Visitors shall determine what subordinate officers, attendants and domestics are necessary, and prescribe such rules for their employment, compensation and discharge, as they shall think proper. They shall have power to make such rules and regulations for the government and management of the Hospital, as they may deem expedient, not inconsistent with this Ordinance or the laws of the Commonwealth. They shall require of the Superintendent to make to them, in the month of July annually, a report of the general state of the Hospital and condition of the inmates during the preceding year, ending the thirtieth day of June, in regard to such particulars as they shall direct. And the Board of Visitors shall communicate this report to the City Council, in the month of July in each year, with such further information as they may deem important.

SECT. 5. All Ordinances heretofore passed relating to the Boston Lunatic Hospital, are hereby repealed,—*provided, however*, that all officers elected or appointed under the Ordinances hereby repealed, shall continue to hold their offices until others are elected or appointed in their stead.

[*Passed October 3d, 1842.*]

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Resolve concerning the support of State Lunatic Paupers.

*Resolved*, That the sum to be allowed to any county, city or town in this Commonwealth, for the support of any State lunatic pauper, shall in no case exceed two dollars and fifty cents per week, for a term less than thirteen weeks; two dollars and twenty-five cents per week, for any term exceeding thirteen weeks, and less than twenty-six weeks; two dollars per week for any term exceeding twenty-six weeks, and less than one year; or be more than at the rate of one hundred dollars per year, for any term of one year or upwards; and shall, in no case, exceed the

amount actually paid out and expended by the county, city or town claiming compensation for the support of each of said State lunatic paupers respectively.

[*Approved by the Governor, March 25th, 1845.*]

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An Ordinance in addition to "An Ordinance relating to the Boston Lunatic Hospital."

*Be it ordained by the Mayor, Aldermen and Common Council of the City of Boston, in City Council assembled, as follows:*

SECT. 1. There shall be chosen by the City Council, annually, in the month of January or February, seven persons, including one Alderman and one member of the Common Council, who shall be a Board of Visitors of the Boston Lunatic Hospital, who shall hold their offices until others are chosen in their places, and who shall have all the powers and perform all the duties prescribed to the Board of Visitors of the said Hospital, by the Ordinance to which this is in addition.

SECT. 2. All rules and regulations which shall be made by the said Board of Visitors, for the employment, compensation and discharge of the subordinate officers, attendants and domestics, and for the government and management of the said Hospital, shall within one month after the same shall have been made, be submitted to the City Council, and such rules and regulations shall be in force until repealed by said Board of Visitors, or until disapproved of by vote of the said City Council.

SECT. 3. The first section of the Ordinance to which this is in addition, passed October 3d, 1842, and all Ordinances and parts of Ordinances inconsistent herewith, are hereby repealed. The powers and duties of the present Board of Visitors shall cease upon the election by the City Council of the new Board contemplated by this act.

[*Passed March 13, 1845.*]



## RULES AND REGULATIONS.

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### DUTIES OF THE SECRETARY OF THE BOARD OF VISITERS.

It shall be the duty of the Secretary to attend all meetings of the Board of Visitors, keep a true and faithful record of all their doings, visit their room as often as once every week day, and if any communications are found addressed to the Chairman or any of the Committee of the Board, he shall transmit the same immediately as directed: he shall communicate with any person or persons with whom the Institution may have any connection and perform such other duties as the Board of Visitors may from time to time direct, for the faithful performance of which duties he shall be allowed a compensation of one hundred dollars per annum payable quarterly.

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### DUTIES OF THE SUPERINTENDENT.

1. The Superintendent, under the direction of the Board of Visitors, is by the Ordinance of the City, the head of the institution in all respects, and he is to be respected and obeyed accordingly. " He

shall have the control of all departments of the Hospital, and of all subordinate officers, attendants and domestics, and of the patients,—and the charge of the grounds, buildings and appurtenances.” His acts being subject to approbation or rejection of the Board of Visitors.

2. He shall visit all the patients daily, and as much oftener as may be necessary ;—he shall give all requisite personal attention to their medical, moral and physical treatment, and to their regimen and diet ;—and he may call consultations whenever he shall deem it necessary. And he shall cause the apartments to be kept properly cleansed, warmed and ventilated.

3. He shall keep a record of the medical treatment of all the patients. He shall also keep a record of the name, age, description and country of all patients admitted,—the date of all admissions and discharges, where sent from and by what authority,—and so far as can be ascertained, the place of their birth and of their legal settlement, and the names of the relations or friends, to whom reference may be had for information concerning them, and the nature and supposed cause of their malady. Such records shall always be open to the inspection of any of the Board of Visitors. And in case of the death of any of the patients, he shall immediately report the same to the Board of Visitors, with the probable causes thereof, and the disposal of the body of the deceased.



4. He shall cause all supplies for the Hospital to be purchased, under the direction of the Committee on Supplies ; he shall exercise a watchful care over the whole domestic department, that due neatness, economy and order may prevail ;—he shall cause an accurate account to be kept of all expenditures on account of the Hospital,—certify such bills as the Board may direct,—and cause them to be laid before the Committee on Accounts and of Supplies of the Board of Visitors, every month ;—and he shall render to the Board quarterly, an account of all the expenditures of the Hospital.

5. He shall make quarterly to the Board of Visitors reports upon such matters connected with the Hospital, and oftener, at such times as they may direct. And he shall make to them, in the month of July, annually, a report of the general state of the Hospital and condition of the inmates during the preceding year, ending the thirtieth day of June, in regard to such particulars as they shall direct.

6. The subordinate officers and domestics of the Hospital shall be as follows, viz :

- One Steward ;
- One Matron ;
- Five male Attendants upon patients ;
- Four female Attendants upon patients ;
- Two male Assistants ;
- One Housekeeper ;
- One Washerwoman ;

Two Cooks ;

One Sempstress ;

One Chamber and Table Girl.

7. The Superintendent with his family, and the Steward and Matron, shall take their meals at one table,—and the other officers, attendants and domestics at another, so that there shall be but two tables.

8. The Hospital shall be visited by a Sub-Committee of the Board of Visitors, as often as once a month, and by the whole Board, as often as once in three months.

9. The time for visiting the Hospital by the relatives and friends of the patients, shall be Thursday of each week, from two to four o'clock, P. M., in the winter, and from two to five o'clock, P. M., in the summer. And no person shall be admitted without a permit from some member of the Board of Visitors, the Mayor, or the Superintendent.

10. The Superintendent may prescribe such rules and regulations, for the conduct and government of the subordinate officers, attendants and domestics, and of the patients, as he may think proper, subject to the approval of the Board of Visitors.

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#### DUTIES OF THE STEWARD.

The Steward is the agent of the Superintendent ; it shall be his duty to have the oversight and regulation of the details of the domestic part of the In-

stitution, and to give to those persons employed all necessary directions,—to see that the male patients are kindly treated, and their food is properly served and distributed, that their apartments are kept clean and in good order, and properly warmed and ventilated, and that the male attendants in all respects do their duty ; and shall forthwith, on the occurrence of any instance of neglect or misconduct on their part, report such to the Superintendent. As the agent of the Superintendent, he shall cause all directions received from him to be executed by the attendants and assistants and domestics, and in all his directions to them, he shall be considered as carrying the authority of the Superintendent.



#### DUTIES OF THE MATRON.

It shall be the duty of the Matron to look carefully to the female patients, to spare no effort to promote their welfare, to pass as much time with them as her other duties will allow,—to see that they are kindly treated, that their food is properly served and distributed, that their apartments are kept clean and in good order, and properly warmed and ventilated ; and that the female attendants in all respects do their duty. It shall be the duty of the Matron also to superintend the cooking, washing and ironing, and to see that the clothes and bedding of the females are always neat and clean,

and to take charge of the sewing room. Her orders and regulations are to be implicitly obeyed. Any instance of neglect or misconduct on the part of any of the female attendants, is to be reported immediately to the Superintendent.

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#### DUTIES OF ATTENDANTS AND ASSISTANTS.

The whole time of the Attendants and Assistants belonging to the Institution, and it is required that every one promptly and cheerfully obey all the directions given to them, and perform all the duties required of them by the Superintendent, Steward and Matron, and on all occasions treat each of these officers with courtesy and respect. The Attendants and Assistants are to eat at the same table, and punctuality at meals is enjoined upon all.

Each one will be held responsible for the duties of his, or her department, and should be ambitious to discharge those duties in a satisfactory manner.

The Attendants and Assistants are not allowed to take any articles of property from the house ; but shall always call upon the Steward or Matron, for such articles as they may be required by the Superintendent to get, or may want.

The Attendants and the Assistants shall be subject to the Steward, as the agent of the Superintendent. And all orders from the Steward shall be implicitly

obeyed by them, as coming from the Superintendent himself.

Self-respect is especially enjoined upon all, and as the patients will naturally imitate the manners, &c. of the Attendants, it is of the greatest importance that in this, as in all other respects, a good example be set before them.

The dress of the Attendants and Assistants should always be neat and clean; they must treat each other with kindness and courtesy—be ever ready and willing to aid and encourage each other in the performance of duties, which must, at times, be difficult and laborious—be cautious not to use improper language, nor to indulge in unmeaning and boisterous mirth, but ever to cultivate a calm, sedate and decorous deportment.

Under all circumstances, the patients are to be treated with kindness and affection, and to be addressed by their surnames, and they must be spoken to in a mild and gentle tone of voice, soothed and calmed when irritated, encouraged and cheered when melancholy and depressed. They must never be ridiculed or mocked, nor may their extravagancies or delusions be made the subject of jest or sport.

Whenever they engage in any controversy, or in any improper or exciting subject of conversation, the Attendant must interfere and check them; and must shut them up in their respective rooms, if the



quiet and good order of the halls can in no other way be preserved.

When the Attendants receive insult and abuse they must keep cool, forbear to recriminate, scold, threaten, or to dictate in the language of authority.

Violent hands are never to be laid on the patients except in self defence, or to prevent injury to themselves or others. Nor are they to be collared, or rudely handled to induce them to move or obey; it will rarely happen that gentle, mild, or persuasive measures will not prevail; whenever these fail the officers are to be informed. A blow is never to be returned under any circumstances.

The straps and mittens are never to be put on, or when on, to be taken off, unless by order of the Superintendent.

Every patient must be in the charge of some responsible individual at all times, (unless permitted to be at large by the Superintendent) and such individual will be held responsible for the safe keeping of such patient, till returned to the hall, or entrusted to the care of another.

The Attendants must not retire to their rooms and close the door of their room while the patients are in the halls.

No patient is permitted to go out of the halls without the consent of the Superintendent.

It is expected that all persons who have duties to perform in the Hospital, will rise at the ringing of the bell, and that immediately after the ringing of

the bell, at nine o'clock in the evening, the labor of the house will cease, the lights in the dining-room, kitchen, entries and galleries will be extinguished, and all persons will retire to their respective rooms.

Every Attendant should keep a lamp burning, in a small lantern, through the night.

The Attendants will see that the patients rise at the same hour with themselves, that they are properly washed, their hair combed, and their dress suitably arranged in season for breakfast.

The dress of the patients should at all times be neat and whole. The beds should be made, the halls, entries and stairs should be swept, and the water closets cleansed as early as possible. Every apartment in the wings should be thoroughly ventilated every morning, and as often through the day as may be necessary by opening the windows, &c.

No part of the Hospital is to be considered clean when it can be made cleaner.

The Attendants must always be present at the meals and to prepare the food, and to distribute the food in a proper and equable manner; particular care must be taken that the patients return to their respective galleries after meals; their having left the dining-rooms is not sufficient evidence of this; they are to be immediately followed, seen to be in their proper places, and the gallery doors to be locked.

Food is not to be carried to the rooms of the patients, nor is any one to be absent from the regular

meals (excepting in cases of sickness or high excitement) without permission from the officers.

No patient is ever to be allowed to have a razor, penknife, or a dangerous weapon of any kind, without permission from the Superintendent; especial care must be taken that no such weapon get into their possession.

The beds, clothes, &c., of any suspicious patient must be frequently searched; if it is known or suspected, that any such instrument is in their possession which cannot be found, immediate information must be given to the officers.

No person connected with the Hospital can be allowed to use ardent spirit or tobacco in any form.

The Attendants are not to be absent from their halls, nor to visit from gallery to gallery, the kitchen, or other rooms in the house, without particular business; nor are they to give up their keys, or to admit visitors to their halls without permission.

The Attendants and Assistants are not to leave the Hospital without permission from the officers, and must always return by nine o'clock, P. M., unless leave be expressly given to remain out later, and when abroad, they must not report the conduct or conversation of the patients. Wherever they are, they must speak respectfully of the officers and the Institution, and to the inmates inculcate respect and confidence in their management, sustain and carry into operation all directions and prescriptions which

are made for them in the most ready and faithful manner.

No male Attendant, Assistant or Student may enter the female halls without permission.

The patients are all to retire to their beds at the usual hour, and their bed-room doors to be locked, care being taken to hear the slipping of the bolt.

The gallery doors, and especially the dining-room doors, are to be kept *locked* at all times. If these precautions be observed, escapes can rarely happen.

It is expected that all persons employed in the Hospital, who are well and can be spared from the duties in the house and halls, will attend the evening family worship and the religious services of the Sabbath, unless leave of absence be granted.

It is directed that each person employed in the Institution shall give notice thirty days before leaving of his or her intention of so doing, and it shall be made optional in all contracts for service with attendants and officers, that upon notice of one week to them the contract for service shall terminate, and their wages to that time shall be computed—unless sooner discharged for cause.

In case of the sickness of any of the Attendants or Assistants, no wages will be allowed them after a fortnight's absence from their duty.

These rules or either of them may be suspended in individual cases, by the Board of Visitors, on any emergency.





BOARD OF VISITERS  
AND  
OFFICERS OF THE INSTITUTION.

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The regular meetings of the Board, are held at their Room, City Hall, on every Wednesday, at 5 o'clock, P. M.

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VISITERS.

|   |  |  |
|---|--|--|
| William Parker, <i>Chairman</i> ,<br>Otis Clapp,<br>Charles Edward Cook,<br>Bradley N. Cumings, |  | Lyman Reed,<br>George Savage,<br>Andrew T. Hall. |
|---|--|--|

Samuel F. McCleary, Jr., *Secretary*.

*Committee on Accounts*.—Messrs. Reed, Hall, and Cumings.

*Committee on Supplies*.—Messrs. Cook, Savage and Clapp.

VISITING COMMITTEE.

Messrs. Hall and Cook, for January, April, July, and October.

Messrs. Reed and Clapp, for February, May, August, and November.

Messrs. Savage and Cumings, for March, June, September, and December.

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C. H. Stedman, M. D., *Superintendent and Physician*.

Sumner Crosby, *Steward*.

Harriot Crosby, *Matron*.

John Crocker, Gilbert Simonds, Frederick A. Watress, Arnold C. Whitcomb, William N. Tracy, Harriet N. Cox, Sophronia Fletcher, Harriet T. Kelley, Hannah Sanborn, *Attendants*.

James B. Hall, Franklin Morrill, *Assistants*.

Catherine G. Mackintosh, *Housekeeper*.

Mary F. Adams, *Laundress*.

Eliza Leavitt, *Sempstress*.

Susan C. Miller, *Chamber and Table Girl*.

Sophia Brown, Sarah S. Manning, *Cooks*.



## S U P P L E M E N T .

The Board of Visitors for 1847, have adopted the foregoing Rules, with the following amendments, viz: Under the head of "Duties of the Steward," on page 19, add—

"And for a faithful discharge of his duties, approved by the Board of Visitors, he shall receive a salary of six hundred dollars per year, to be paid quarterly."

Under the head of "Duties of the Matron," on page 20, add—

"And for said services, thus rendered, she shall receive a salary of two hundred dollars per year, to be paid quarterly."

Under the head of "Duties of Attendants and Assistants," previous to the last sentence, on page 25, add—

"That from and after the first day of January, 1847, the pay of each of the male Attendants shall be fifteen dollars per month; and such of the same as shall remain in the employ of the Institution one year or more, from said first day of January, 1847, performing their respective duties to the satisfaction of the Board of Visitors, shall be entitled to an additional payment of sixty dollars per year."

By an Ordinance of the City Council, passed June 4, 1846, it was provided that "the Superintendent of the Boston Lunatic Hospital, shall, in the month of *December* annually, report to the Board of Visitors," instead of *July*, as provided in the Ordinance, passed October 3, 1842, on page 12, which "Report they are to communicate to the City Council forthwith, with such further information as they may deem important."

# BOARD OF VISITERS

AND

OFFICERS OF THE INSTITUTION, FOR 1847.

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The regular meetings of the Board, are held at their Room, City Hall, on every Wednesday, at 5 o'clock, P. M., excepting the third Wednesday of each month, on which days they are held at the Hospital.

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## VISITERS,

William Parker, *Chairman*,  
Gideon F. Thayer,  
Otis Clapp,  
Charles Edward Cook,

Bradley N. Cumings,  
George Savage,  
Andrew T. Hall.

Samuel F. McCleary, Jr., *Secretary*.

*Committee on Accounts*, { Messrs. Hall, Cumings, and  
Thayer.

*Committee on Supplies*,—Messrs. Cook, Savage, and Clapp.

## VISITING COMMITTEES,

|                      |                        |
|----------------------|------------------------|
| January and July,    | Messrs. Hall and Cook; |
| February and August, | " Cook and Clapp;      |
| March and September, | " Clapp and Thayer;    |
| April and October,   | " Thayer and Savage;   |
| May and November,    | " Savage and Cumings;  |
| June and December,   | " Cumings and Hall.    |

OFFICERS  
OF THE  
BOSTON LUNATIC HOSPITAL.

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SUPERINTENDENT,  
C. H. STEDMAN, M. D.

STEWARD,  
SUMNER CROSBY.

MATRON,  
HARRIOT CROSBY.

ATTENDANTS,

|                      |                     |
|----------------------|---------------------|
| GILBERT SIMONDS,     | SOPHRONIA FLETCHER, |
| B. E. DELANO,        | HANNAH SANBORN,     |
| JOSEPH K. BLANCHARD, | HARRIET T. KELLY,   |
| MASON H. FORD,       | JULIA H. COX.       |
| WILLIAM M. BARRON,   |                     |

ASSISTANTS,

|               |              |
|---------------|--------------|
| JOHN SIMMONS, | ENOCH BERRY. |
|---------------|--------------|

HOUSEKEEPER,  
HANNAH ADAMS.

LAUNDRESS,  
MARY F. ADAMS.

SEMPSTRESS,  
ELIZA LEAVITT.

TABLE AND CHAMBER GIRL,  
JANE FIELD.

COOKS,  
SARAH S. MANNING, | ALMERIA SOMERBY.

